



Pass and Catch Race

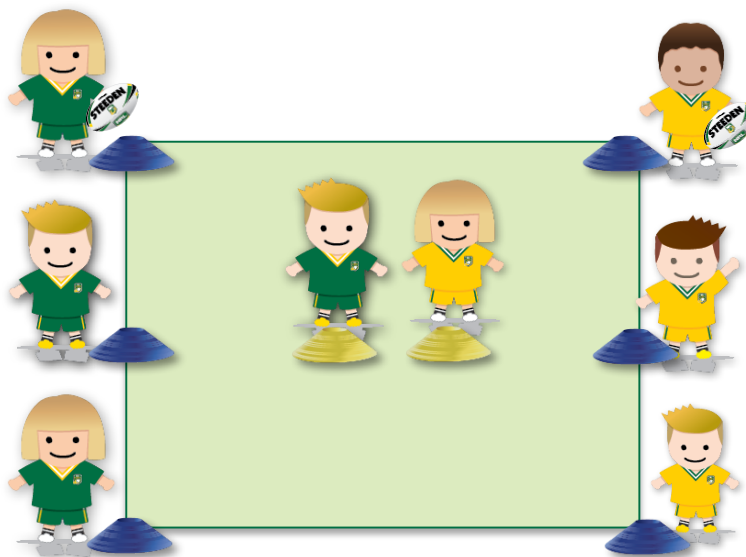
Skill – Catch & Pass

TYPE
Closed

AGE
8+

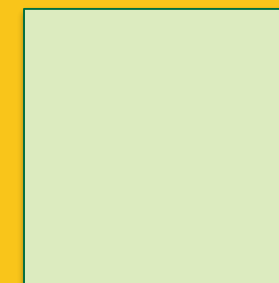
Description

- » Split players up into teams of at least 4.
- » The ball starts with one player on a blue marker.
- » They pass the ball to their teammate on the yellow marker.
- » Then they pass the ball back to the next player on the blue marker.
- » Continue until all players have passed the ball.
- » Rotate the players after each turn.



Logistics

(5m)



(5m)

Players



You need 4 players for each group

Equipment



x (8) Markers



Whistle



x (1) Football per group



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