



Side on Tackle

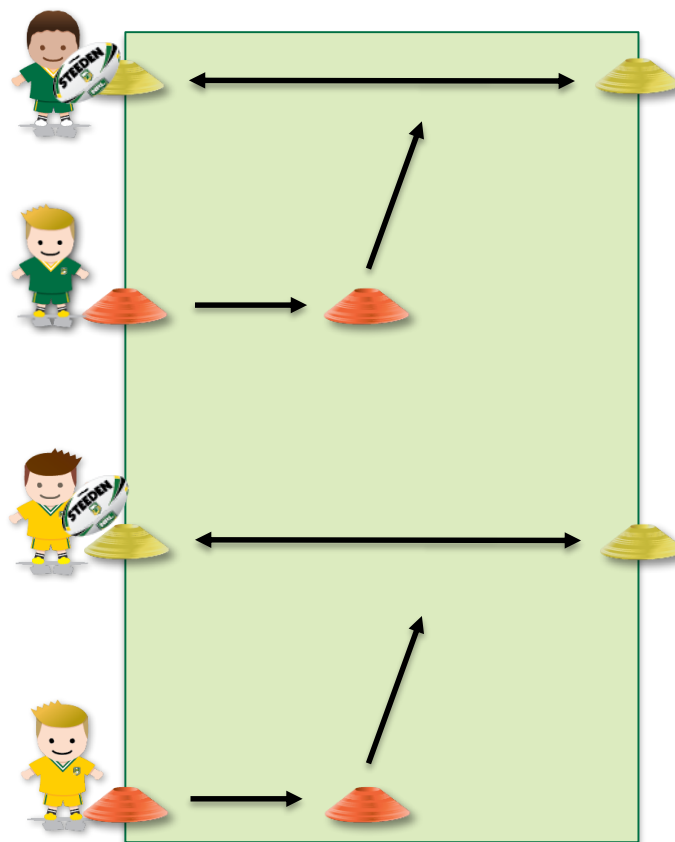
Skill - Tackle

TYPE
Closed

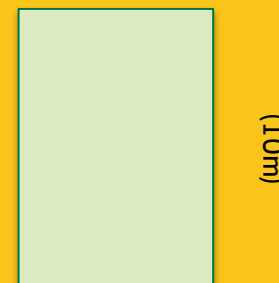
AGE
8+

Description

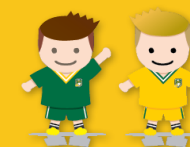
- » Set up two grids with lines of 2 players for each.
- » The player with the ball runs out to the yellow marker, turns around, and runs back.
- » The second player, runs out to the red marker, then cuts across to make a side on tackle.
- » Ensure you rotate the activity so players practice tackling on each shoulder.



Field Size (20m)



Players



You need 4 players for each group

Equipment



x (8) Markers



Whistle



x (2) Footballs



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