



Kicking in Pairs – Punt

Skill – Kicking

TYPE
Closed

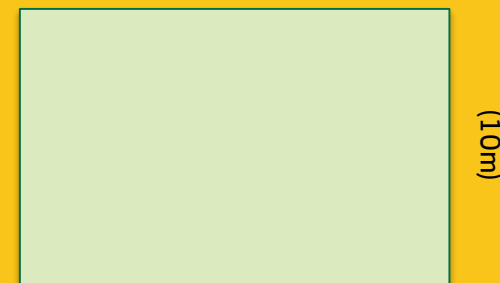
AGE
9+

Description

- » Players split up into groups of 2.
- » Start with players 20m apart from each other and have them practice a punt kick to their partner.
- » After a period of time, have players step back 5m each so the kick becomes 30m. You can continue to go further back based on the age and skill level of your group.
- » You can also have players practice with their alternate foot.



Field Size (30m)



Players



You need 2 players per group

Equipment



x (1) Football per group



Whistle



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