



# Front on Tackle

## Skill – Tackle

TYPE

Closed

AGE

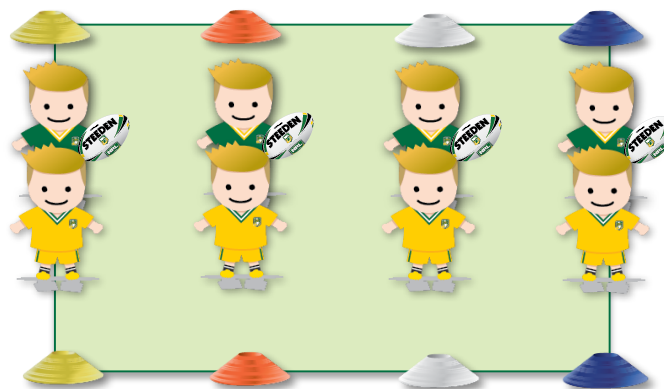
9+

## Description

- » Players start back to back in line with their coloured markers.
- » When the coach says go, players run around the marker in front of them and meet in the middle to attempt a one on one tackle.
- » To start with, ensure the ball runner jogs through and doesn't use evasive tactics.

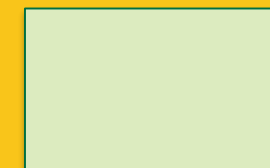
## Progression

- » Make the grid larger.
- » Have the ball runner use evasion skills.



### Field Size

(10m)



(5m)

### Players



You need 2 players per group

### Equipment



x (8) Markers



Whistle



x (4) Footballs



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