



# Defensive Line Mapping

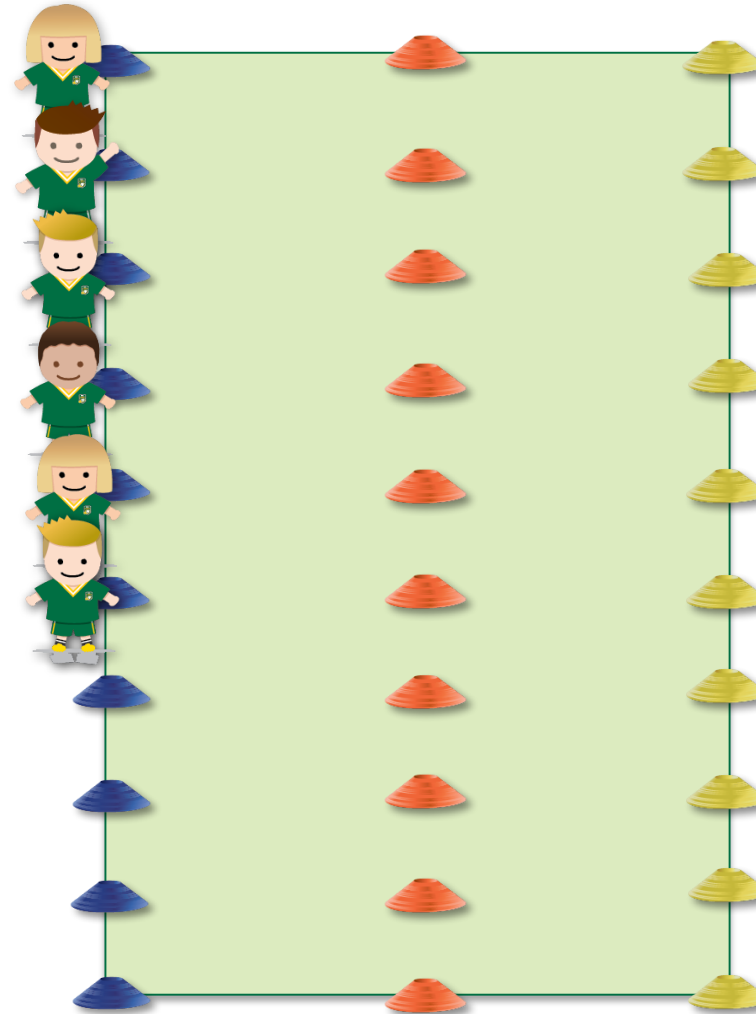
Skill - Defensive Fundamentals

TYPE  
**Closed**

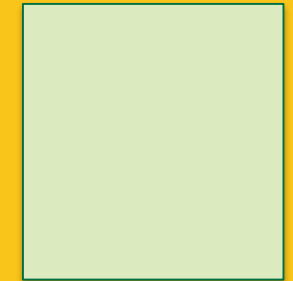
AGE  
**10+**

## Description

- » Players start on a marker.
- » When the coach touches the ball on the ground, players move straight forward to the middle orange markers.
- » The coach then raises his arm either left or right.
- » The defenders must react and then move to the yellow marker, in the direction the coach pointed.
- » The players then retreat to straight back to the blue dome in line with where they are.
- » Repeat.



Field Size (10m)



(20m)

## Players



Minimum of 6 players

## Equipment



x (30) Markers



x (1) Football for the coach



Click to watch the video



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