

Tackle Reaction Skill - Tackle

TYPE

AGE

Open

Description

- Maximum of 6 players per grid ensures everyone remains active.
- Attacker starts on the vellow marker, then runs toward the second yellow marker.
- The attacker then makes a decision to run at one of the outside blue marker.
- Defender comes forward to the second orange marker and reacts to which way the attacker chose.
- The defender then makes a tackle.

Progression

Increase or decrease the size of the grid.







