



Pass to Tag

Skill – Catching and Passing

TYPE

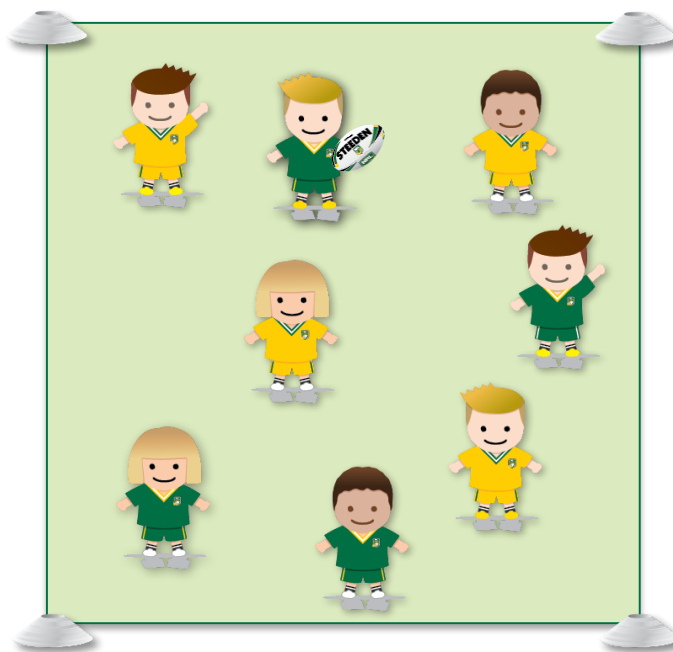
Open

AGE

11+

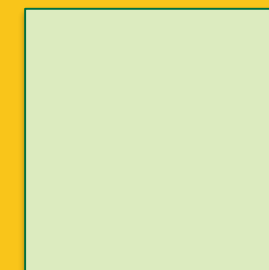
Description

- » One team (green) starts with the ball.
- » Their goal is to tag a yellow player with the ball in two hands.
- » The green team can not run with the ball, they must pass it between each other to reach a (yellow) player. If they don't have the ball, they may move around into position to receive a pass.
- » The other team (yellow) can run around to avoid being tagged.
- » Once a player is tagged, they must run around the grid before they can come back in.
- » The goal is for the green team to tag as many players as possible in a period of time.
- » After this period of time, swap the teams over.



Logistics

(10m)



(10m)

Players



Min 4 x Attackers



4 x Defenders

Equipment



x (4) Markers



Whistle



x (1) Football



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