



3 v 2 v 1

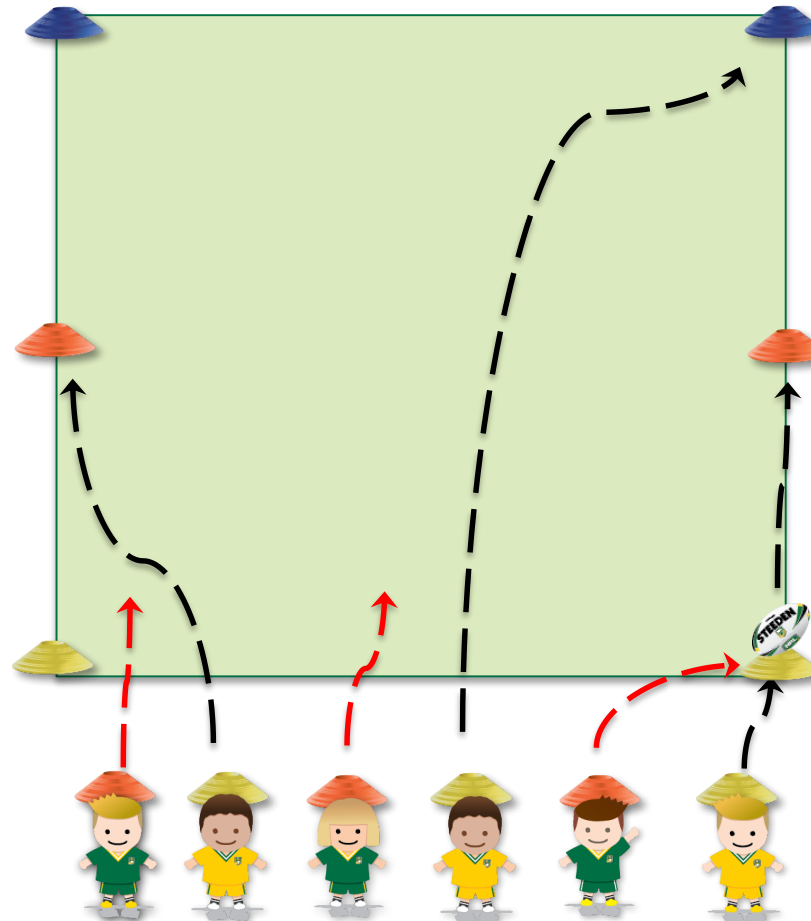
## Skill - Catching and Passing

TYPE  
Open

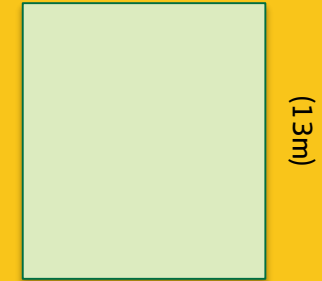
AGE  
12+

## Description

- » Defenders (yellow) line up behind the yellow markers at the end of the grid.
- » Attackers (green) line up behind the red markers at the end of the grid.
- » Ball starts with defenders who run out and place the ball at the yellow marker.
- » Two of the defenders then proceed to the red markers and one defender to the blue markers at the end.
- » Once defenders are set, the attackers will move up, pick up the ball, and attack with a 3 v 2 v 1 scenario.
- » Defenders move into the middle of the channel to defend.



Field Size (10m)



## Players



x (3 minimum)



x (3 minimum)

## Equipment



x (14) Markers



Whistle



x (2) Football Per Grid

## Progression

- » Widen the grid and add more attackers & defenders.



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