



Running with the Ball

Skill - Attacking Fundamentals

TYPE
Game

AGE
6+

Aim

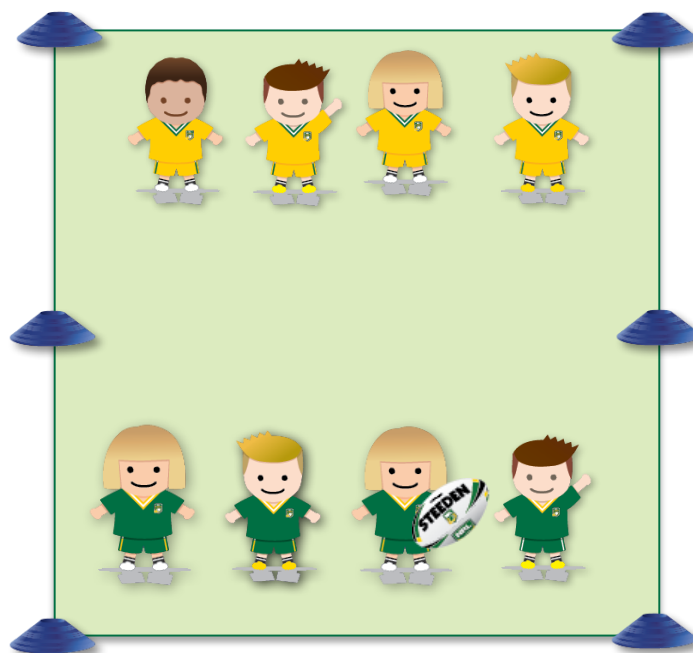
- » This game will assist in encouraging your players to carry the ball with two hands, which increases the number of attacking options available to them

Description

- » When in possession, players must carry the ball in two hands.

Consequence

- » If the ball is carried in one hand, the defending team will receive the ball.



Equipment



x (6) Markers



Whistle



x (1) Football

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can choose between touch, tag, 2 hand touch, tackle or any other.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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