



Tackle Technique

Skill - Tackle

TYPE
Game

AGE
10+

Aim

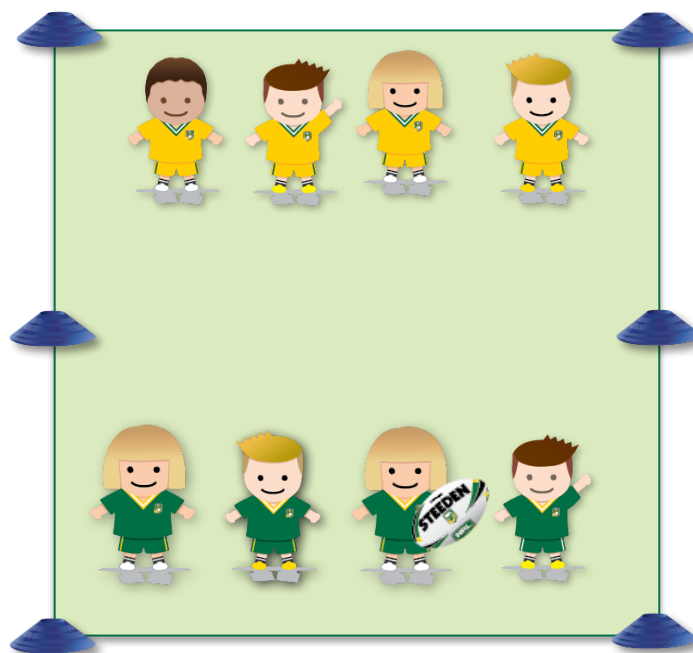
- » Improve your teams one on one tackle technique and confidence

Description

- » All players wear electrical tape around the middle of their torso, and all tackles must be below the tape

Consequence

- » If a tackle is made above the tape, the attacking team receives a penalty.



Equipment



x (6) Markers



Whistle



x (1) Football

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can choose between touch, tag, 2 hand touch, tackle or any other.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



PLAYNRL.COM