



Try Scoring Grid

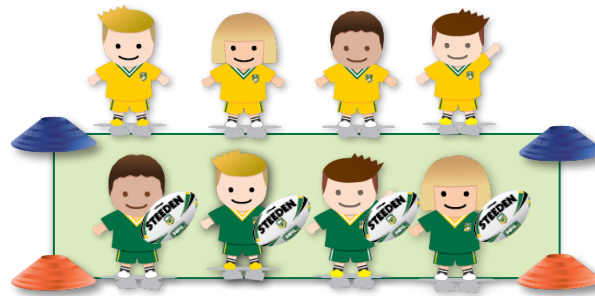
Skill – Tackle, Attacking Fundamentals

TYPE
Open

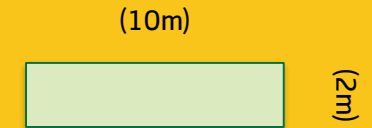
AGE
6+

Description

- » Players start on their knees 2m apart from each other.
- » Green team has a ball and is attacking
- » Yellow team are defending from the tryline.
- » When the coach says go, the green team attempts to evade the defender and score a try at the tryline.
- » Continue swapping partners, and swapping between attack and defense.
- » Ensure groups are far enough apart so they wont crash into each other.



Logistics



Players



4 x Attackers



4 x Defenders

Progression

- » Make the grid bigger or smaller
- » Start from your feet and not your knees

Equipment



x (2) Markers



Whistle



x (4) Football's



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