



Drop Out Game (remove a player)

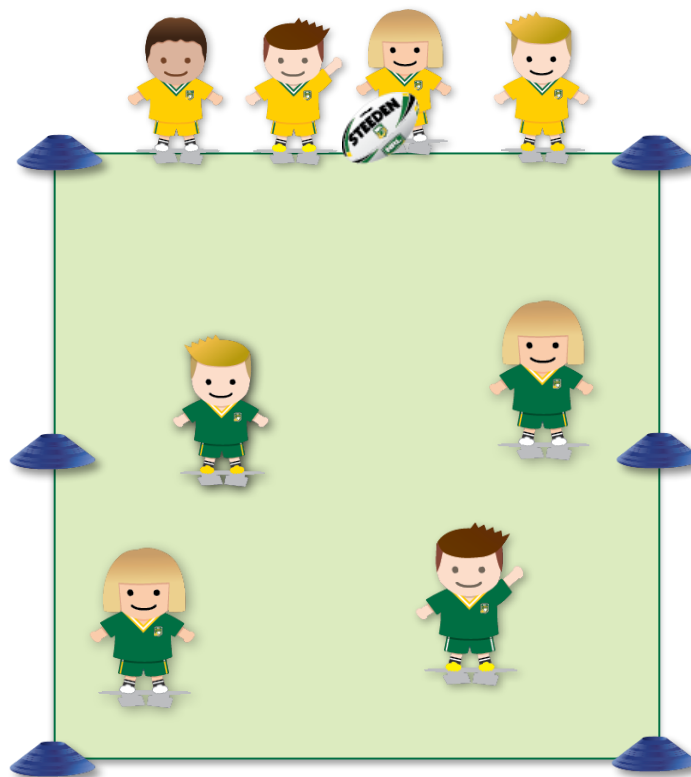
Skill - Defensive & Attacking
Fundamentals

TYPE
Game

AGE
13+

Description

- » The aim is to score a try.
- » This game should be played on a large field.
- » The defensive team start with the same amount of attackers as defenders e.g. 8 v 8
- » The defensive team drops out from their own try line.
- » The attacking team has 6 tackles to score.
- » At the end of the set, the defensive team drops out again, but they now have one less player e.g. 8 v 7
- » Repeat again with an extra defender e.g. 8 v 6.
- » Once the attackers have had 3 sets, changeover attackers and defenders.



Equipment



x (6) Markers



Whistle



x (1) Footballs

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can stop play by a tackle, tag, or touch.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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