



# 2 v 1 v 1 Fullback

Skill – Catching and Passing

TYPE  
Open

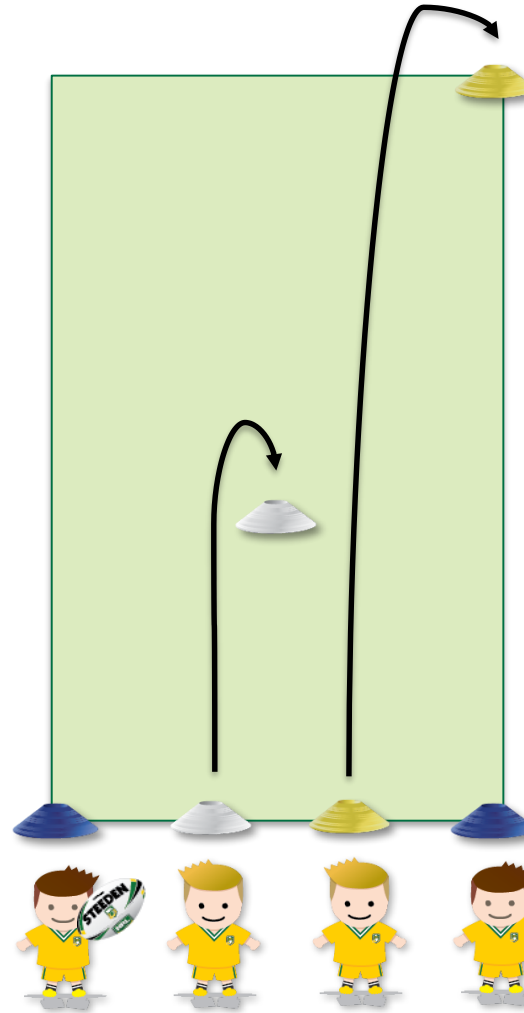
AGE  
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## Description

- » 4 players start on different coloured markers.
- » The player behind the white marker & yellow marker run to their respective markers when the coach says go.
- » As soon as the player reaches the white marker, the two remaining players (blue markers) can attack.
- » Their goal is to beat the close defender, then back up to support the 'fullback' who goes around the yellow marker.

## Progression

- » Add more attackers or defenders
- » Make the grid larger
- » Add a kick



### Logistics

(20m)



(10m)

### Players



2 x Attackers



2 x Defenders

### Equipment



x (6) Markers



Whistle



x (1) Football



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