Appendix 1: Rugby League Game Description

Rugby League is an international game played by women and men in more than 70 nations.

It is a full contact sport played by two teams of thirteen players on a rectangular grass field. The objective in rugby league is to carry or kick the ball towards the opposing team's goal line where 4 points are scored by grounding the ball; this is called a try. After scoring a try, the team is allowed the chance to try at goal with a conversion – a kick for a further 2 points. The opposing team will attempt to stop the attacking side gaining points by preventing their progress up the field by tackling the player carrying the ball.

Each team will attempt to score more points through tries, goals and field goals (also known as drop goals) than the opposition within the 80 minutes of play.

Tackling is a key component of rugby league play. Only the player holding the football may be tackled. A tackle is completed when that player's progress is halted, or he or she is put to ground. An attacking team gets a maximum of six tackles to progress up the field before possession is changed over.

Ball control is also important in rugby league, as a fumble of the ball on the ground forces a handover, unless the ball is fumbled backwards. The ball can also be turned over by going over the sideline.

Field position is crucial in rugby league, achieved by running with or kicking the ball. Passing in rugby league may only be in a backward or sideways direction.